

Seder shel Tu Bishvat

Preparation Guide

The Seder has four sections and four cups of wine (or grape juice):

1. All white
2. White with a tiny dash of red
3. Half white, half red
4. All red

It is customary to eat at least 15 types of fruit.

Only the first three sections of the seder have fruits connected.

In each category below, line a. mentions fruits that are referred to and ceremonially eaten in the ceremony, line b. other fruits in that category:

1. Fruits or nuts with a hard outer shell or rind, and edible inside:
 - a. Pomegranates, almonds, walnuts
 - b. E.g. Oranges, tangerines, any citrus fruit, passionfruit, coconut, bananas, kiwis, pistachios, etc.
2. Fruits with a hard inner pit or seed, but edible outside:
 - a. Olives, dates,
 - b. E.g. cherries, apricots, peaches, plums, mangos, carobs, etc.
3. Fruits that are edible (more or less) throughout
 - a. Grapes (or raisins), figs
 - b. E.g. apples, pears, strawberries, blueberries, star fruit, physalis, etc.

For the fourth “world”, fragrant herbs or leaves may be provided to smell.

If the Seder is being held on Shabbat, two challahs are also needed.